Expanding Your 2SLGBTQIA+ Family: Adoption Group

An *Online* Educational Support Group for People Adopting

Meets Every Second Sunday *Online* (Zoom)

12:30 - 2 PM PST / 3:30-5 PM EST

March 24 to June 2, 2024

Open to people in Canada and the US

The Details

The wait to adopt can be challenging: anxiety about the unknown wait time, experiencing discrimination and/or microaggressions, and having family/friends who don't understand why it is stressful. This group exists so people do not need to go through the adoption process alone.

- 6 session educational & support group (10-15 people) for 2SLGBTQIA+ people who are adopting
- Connect with other 2SLGBTQIA+ people in a warm and anti-oppressive environment
- This group centres anti-racism and learning from adoptees as many adoptees (especially interracial adoptees) find adoption to be a negative experience. We centre adoptee voices through podcast, book, and film recommendations, and have critical discussions in order to give adoptees the best shot at life
- Facilitated by therapist Brett Mason & sex educator Wyatt Dahl, a queer couple who adopted their child

This group is for:

- 2SLGBTQIA+ people (couples+, single parents, & non-traditional families)
- People in the process of doing adoption paperwork, homestudy, or who are a waiting family
- People who live in Canada or the US

Fees:

- \$300 Canadian (CAD) per person (\$50 CAD per session)
- Sliding Scale available \$60 to \$300 CAD (\$10 to \$50 CAD per session) email to access

To register or ask questions: www.BrettMason.JaneApp.com or via email at BrettMasonOffice@gmail.com

Topics covered

Topics for the 6 Sessions:

- 1. Introductions: building trust, building community
- 2. Adopting in a homophobic and transphobic world
- 3. Interracial adoption (also known as transracial adoption)
- 4. Adoption trauma
- 5. Openness & queering family
- 6. Closing: reflections and connections

Each session will include:

- Time for updates, questions, connection, and support
- An educational component and discussion related to the topic that day
- A recommended podcast, film, or book chapter to go along with the topic

Facilitator Bios



Left to right: Brett Mason, Wyatt Dahl & their kiddo, December 2023

Brett and Wyatt live together on Vancouver Island, BC, Canada on Stz'uminus, Penelakut, Snuneymuxw, and Quw'utsun Territory with their kiddo, dog, and chickens.

Brett Mason, MSW, RSW (all pronouns) is a counsellor in private practice who works with individuals, groups, and families, and additionally as an educator and clinical supervisor. He primarily works with 2SLGBTQIA+ people and their families. They bring with them over 13 years of experience working in 2SLGBTQIA+ affirming care, and a lifetime of lived experience as a disabled queer and trans person of French, English, Irish and Germanic descent. Above all else, Brett considers being a Dad the best.

Wyatt Dahl (they/he) is white, fat, queer & trans person who immigrated to so called Canada about six years ago. They are a parent of a toddler and you can generally find him in the kitchen creating magic (or maybe just cleaning it all up), in a body of water, reading (often the same book 7 times over to their kiddo), or introverting. He has worked within sexual health and sex education for over 12 years and counting. They're a college drop out and grew up unschooled. You can say Wyatt has always thought outside the box.